For Office U	Jse Patient ID:			
	Return to:			
Date:		Completed by:	Patient	Other
lf other, plea	se specify relationship	to patient:		
This is a probler	n checklist. Not all the item	s will be appropriate for you. Please in	dicate the level of difficulty	y associated with each item:
	•	concern. Any challenges are age-appr	opriate	
	ld: Some difficulty (somewh	,		
	oderate: This is a problem (
	vere: This is a serious prob			
□ NA	· Not applicable Chack this	column if the item is not a problem of	r not relevant to you	

Difficulty with:	None (0)	Mild (1)	Moderate (2)	Severe (3)	N/A
ATTENTION: MeanScore					
Attention to details or makes careless mistakes					
Holding attention or remaining focused					
Listening or mind seems elsewhere					
Instructions or finishing work					
Organizing (e.g. time, messy, deadlines)					
Avoids or dislikes activities requiring effort					
Loses or misplaces things					
Easily distracted					
Forgetful (e.g. chores, bills, appointments)					
HYPERACTIVITY AND IMPULSIVITY: Mean Score					
Fidgets or squirms					
Trouble staying seated					
Runs about or feels restless inside					
Loud or difficulty being quiet					
Often on the go					
Talks too much					
Blurts out comments					
Dislikes waiting (e.g. taking turns or in line)					
Interrupts or intrudes on others (e.g. butting in)					
OPPOSITIONAL: Mean Score					
Loses temper					
Easily annoyed					
Angry and resentful					
Argues					
Defiant					
Deliberately annoys other people					
Blames other people rather than themselves					
Spiteful					

Difficulty with:	None (0)	Mild (1)	Moderate (2)	Severe (3)	N/A
DEVELOPMENT AND LEARNING: Mean Score			•		
Wetting, (after age 5)					
Soiling (after age 4)					
Reading					
Spelling					
Math					
Writing					
AUTISM SPECTRUM: Mean Score					
Difficulty with talking back and forth					
Unusual eye contact or body language					
Speech is odd (monotone, unusual words)					
Restricted, fixed, intense interests					
Odd, repetitive movements (e.g. flapping)					
Does not easily "chit chat"					
MOTOR DISORDERS: Mean Score					
Repetitive noises (e.g. sniffing, throat clearing)					
Repetitive movements (blinking, shrugging)					
Clumsy					
PSYCHOSIS: Mean Score					
Hearing voices that are not there					
Seeing things that are not there					
Scrambled thinking					
Paranoia (feeling people are against you)					
DEPRESSION: Mean Score					
Sad or depressed most of the day					
Lack of interest or pleasure most of the day					
Weight loss, weight gain or change in appetite					
Difficulty sleeping or sleeping too much					
Agitated					
Slowed down					
Feels worthless					
Tired, no energy					
Hopeless, pessimistic					
Withdrawal from usual interests/people					
Decrease in concentration					

Difficulty with:	None (0)	Mild (1)	Moderate (2)	Severe (3)	N/A
MOOD REGULATION: Mean Score					
Distinct period(s) of intense excitement					
Distinct period(s) of inflated self-esteem, grandiose					
Distinct period(s) of increased energy					
Distinct period(s) of decreased need for sleep					
Distinct Period(s) of racing thoughts or speech					
Irritable behaviour that is out of character					
Rage attacks, anger outbursts, hostility					
SUICIDE: Mean Score					
Suicidal thoughts					
Suicide attempt(s) or a plan					
ANXIETY: Mean Score					
Intense fears (e.g. heights, crowds, spiders)					
Fear of social situations or performing					
Panic attacks					
Fear of leaving e.g. the house, public transportation.					
Worrying and/or anxious most days					
Nervous, can't relax					
Obsessive thoughts (e.g. germs, perfectionism)					
Compulsive rituals (e.g. checking, hand washing)					
Hair pulling, nail biting or skin picking					
Preoccupation with physical complaints					
Chronic pain					
STRESS RELATED DISORDERS: Mean Score		_			
Physical abuse					
Sexual abuse					
Neglect					
Other severe trauma					
PTSD: Mean Score					
Flashbacks or nightmares					
Avoidance					
Intrusive thoughts of traumatic events					
SLEEP: Mean Score					
Trouble falling asleep or staying asleep					
Excessive daytime sleepiness					
Snoring or stops breathing during sleep					

Difficulty with:	None (0)	Mild (1)	Moderate (2)	Severe (3)	N/A	
EATING: Mean Score						
Distorted body image						
Underweight						
Binge eating						
Overweight						
Eating too little or refusing to eat						
CONDUCT: Mean Score						
Verbal aggression						
Physical aggression						
Used a weapon against people (stones, sticks etc.)						
Cruel to animals						
Physically cruel to people						
Stealing or shoplifting						
Deliberately sets fires						
Deliberately destroys property						
Frequent lying						
Lack of remorse or guilt						
Lack of empathy or concern for others						
SUBSTANCE USE: Mean Score						
Misuse of prescription drugs						
Alcohol > 14 drinks/week or 4 drinks at once						
Smoking or tobacco use						
Marijuana						
Other street drugs						
Excessive over the counter medications						
Excessive caffeine (colas, coffee, tea, pills)						
ADDICTIONS: Mean Score						
Gambling						
Excessive internet, gaming or screen time						
Other addiction						

Difficulty with:	None (0)	Mild (1)	Moderate (2)	Severe (3)	N/A
PERSONALITY: Mean Score					
Self-destructive					
Stormy, conflicted relationships					
Self-injurious behaviour (e.g. cutting)					
Low self-esteem					
Manipulative					
Self-centered					
Arrogant					
Suspicious					
Deceitful with no remorse					
Breaking the law or antisocial behaviour					
Tends to be a loner					
OTHER (Please indicate any other difficulties):	Mean Score				

MEAN SCORE

(N/A items not included in calculation)

ATTENTION	
HYPERACTIVITY AND IMPULSIVITY	
OPPOSITIONAL	
DEVELOPMENT AND LEARNING	
AUTISM SPECTRUM	
MOTOR DISORDERS	
PSYCHOSIS	
DEPRESSION	
MOOD REGULATION	
SUICIDE	

ANXIETY	
STRESS RELATED DISORDERS	
PTSD	
SLEEP	
EATING	
CONDUCT	
SUBSTANCE USE	
ADDICTIONS	
PERSONALITY	
OTHER	

*Calculated f	rom	answered	auestions
Calculated I	10111	answered	questions

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